

DEPARTMENT PRESIDENT SPECIAL PROJECT

August 2024-2025

Issue 3

How do Horses help our Veterans?

An equine assisted therapeutic program for U.S. Veterans offers the opportunity to interact with horses in a way that allows for increasing self-awareness, enhancing coping skills and learning more effective ways to interact and move forward within the community and with friends and loved ones.

Horses offer direct, honest and instant feedback which often allows us to find new ways to understand ourselves and others. In each session, participants will engage in structured activities with their horse which is specifically designed to allow for a gentle and respectful exploration personally and interpersonally.

The program not only utilizes the horse as a “safe” entity, but the program takes place outside of the usual therapy office and rather in a calm, peaceful yet social environment. Over time, the individual’s confidence and ability to trust increases, but the benefits of this equine therapeutic program go further.

I HOLD THE TRIPLE CROWN, AND I CHALLENGE ANY AUXILIARY TO TAKE IT AWAY FROM ME!

Approved By:
Department President
Virginia Brehmer

How do I Help Our Veterans?

There are many different and fun activities you can do to raise funds for the Department Special Project.

*As Mentioned, June and July Promotions
Collect Shoes*

Potluck Dinners

Horse Races

50/50

(Use your imagination)

Share your amazing ideas with me and I can share your great ideas with others.

Can your Auxiliary win the over all Triple Crown? Only you know that answer!

The Auxiliary that raises the most money for the DPSP, will win the overall

Triple Crown

(Must be at least over \$1600.00, to qualify)



“FREEDOM RIDES”

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